

“Deep-Vein Thrombosis: Serious and Often Deadly”

DVT symptoms are shared by many other conditions and often are overlooked by patients. Know the signs and learn about painless, noninvasive tests that can detect deep-vein blood clots.

- ▶ **Tuesday, March 30 • 7 to 8 p.m.**
Providence St. Vincent Medical Center
Souther Auditorium
Presenter: Kent Williamson, M.D.

“Vascular Disease: The Silent Threat”

Our physician experts discuss why it’s important to know the risk factors so that you can identify a vascular disease before it’s too late.

- ▶ **Tuesday, April 27 • 7 to 8 p.m.**
Providence St. Vincent Medical Center
Presenter: Aaron Schoenkerman, M.D.
- ▶ **Monday, June 14 • 7 to 8 p.m.**
Providence Milwaukie Hospital
Presenter: E. Charles Douville, M.D.
- ▶ **Wednesday, Sept. 15 • 6 to 7 p.m.**
Providence Seaside Hospital
Presenter: Ethan Korngold, M.D.
- ▶ **Wednesday, Sept. 15 • 7 to 8 p.m.**
Providence Newberg Medical Center
Presenter: Camilo Rosales, M.D.
- ▶ **Wednesday, Nov. 3 • 7 to 8 p.m.**
Providence Portland Medical Center
Cancer Center Amphitheater
Presenter: Bradley Evans, M.D.

All lectures are free. To register, call **Providence Resource Line at 503-574-6595** or visit www.providence.org/classes.

Lecture Locations

Providence St. Vincent Medical Center
9205 SW Barnes Road, Portland

Providence Portland Medical Center
4805 NE Glisan St., Portland

Providence Milwaukie Hospital
10150 SE 32nd Ave., Milwaukie

Providence Newberg Medical Center
1001 Providence Drive, Newberg

Providence Seaside Hospital
725 S. Wahanna Road, Seaside

Providence Willamette Falls
Community Health Education Center
519 15th St., Oregon City

OUR MISSION

As people of Providence, we reveal God’s love for all, especially the poor and vulnerable, through our compassionate service.

OUR CORE VALUES

Respect, Compassion, Justice, Excellence, Stewardship

www.providence.org/heart



Providence Health & Services, a not-for-profit health system, is an equal opportunity organization in the provision of health care services and employment opportunities.



Healthy Heart and Vascular Lectures



Heart Lectures

Take a moment for your heart

When was the last time you did something good for your heart? Start today by registering to attend our free Healthy Heart and Vascular Lectures.

Our experts will arm you with the latest prevention, detection and treatment information to keep you healthy and competitive in the fight against America's leading cause of death.

To register, call Providence Resource Line at 503-574-6595 or visit www.providence.org/classes.

"Irregular Heartbeat: How to Keep a Steady Rhythm"

Arrhythmias – fast, slow or irregular heartbeats – often are harmless, but they can signal serious health issues for millions of people. Our experts will discuss the diagnosis of these conditions and the latest treatment options.

- ▶ **Tuesday, April 6 • 7 to 8 p.m.**
Providence St. Vincent Medical Center Souther Auditorium
Presenter: Daniel Oseran, M.D.
- ▶ **Monday, April 19 • 7 to 8 p.m.**
Providence Portland Medical Center Social Room
Presenters: Ashkan Babaie, M.D., and Alexi Zemsky, M.D.

"Take Heart: Living With Heart Failure"

Heart failure is one of the fastest growing chronic heart conditions in America. Learn about treatments that are helping patients to survive and live more active lives.

- ▶ **Tuesday, April 20 • 6 to 7 p.m.**
Providence Seaside Hospital
Presenter: Jacob Abraham, M.D.

"The Heart of the Matter: Women and Heart Disease"

While awareness grows, women's heart disease continues to be plagued by myths and misdiagnosis. Get the facts and information to win against America's No. 1 killer of women.

- ▶ **Monday, May 3 • 7 to 8 p.m.**
Providence Milwaukie Hospital Mother Gamelin Room
Presenter: Jody Welborn, M.D.
- ▶ **Tuesday, May 4 • 7 to 8 p.m.**
Providence Portland Medical Center Cancer Center Amphitheater
Presenter: Alicia Ross, M.D.
- ▶ **Tuesday, May 4 • 6 to 7 p.m.**
Providence Willamette Falls Community Health Education Center
Presenter: Jennifer Miller-Davis, M.D.
- ▶ **Wednesday, May 26 • 7 to 8 p.m.**
Providence St. Vincent Medical Center Souther Auditorium
Presenter: Suzanne Hall, M.D.

"Caring for the Heart During Cancer Treatment"

The amazing advances that help patients with cancer live longer sometimes come with a price – damage to the heart and arteries. Learn about the precautions our physicians are taking to protect the hearts of patients being treated for cancer.

- ▶ **Monday, Oct. 18 • 7 to 8 p.m.**
Providence St. Vincent Medical Center Souther Auditorium
Presenters: Emilia Arden, D.O., Stacy Lewis, M.D., and Jeannie Louie, M.D.

"Heart Surgery: Advances That Are Saving Lives"

Learn about the latest cardiothoracic surgery techniques and how outcomes are improving.

- ▶ **Tuesday, Nov. 2 • 7 to 8 p.m.**
Providence St. Vincent Medical Center Souther Auditorium
Presenters: Judah Askeew, M.D., and Mona Flores, M.D.
- ▶ **Thursday, Nov. 18 • 7 to 8 p.m.**
Providence Portland Medical Center Social Room
Presenters: E. Charles Douville, M.D., and Eric Kirker, M.D.

All lectures are free. To register, call Providence Resource Line at 503-574-6595 or visit www.providence.org/classes.